



## BIRTHDAYS

- January 1**  
 Karen, Psychiatric Med  
 Madalyn, PRU  
 Heather, Support Pool  
 Dana, Home Health Care  
 Susan, Patient Accounts  
 Misty, Operating Room
- January 2**  
 Nancy, Dietary  
 Sharon, Family Recovery
- January 4**  
 Mary, Pharmacy  
 Beverly, LifeLine
- January 5**  
 Melissa, Dietary  
 Twyla, Progressive Care
- January 6**  
 Carol, WFC  
 Virginia, Laundry  
 Lynn, Central Sterile  
 Zetta, Dietary
- January 7**  
 Shelby, Home Health Care  
 Carol, Nursing Admin  
 Diana, Infusion Therapy  
 Betty, Environmental Svcs

## Happy Story...



“I was admitted to deliver twins at 38 weeks. Arrival was at 6 a.m. for the scheduled 8 a.m. delivery. Upon arrival, I was asked if I had been told that my C-Section was moved up to 7 a.m.. I had not been, however, that was a positive to me - less time to think about what was going to happen.

During the C-Section, everyone was very attentive to my needs. Dr. Sanghvi, Dr. Haas & Dr. Coleman did a great job.

Pam White was one of my recovery nurses and did a great job at monitoring my condition. After returning to my room and towards noon that day, my blood pressure began to rise. Cheyenne and other nurses were aggressive in getting it under control, consulting Dr. Bittner as needed.

Later that afternoon/evening, Lorie was my nurse. She did an excellent job of getting me through standing by my bedside that night - seemed like the hardest thing I did all week. She gave me great pointers on how to get in and out of bed. Then, later in the week, when she wasn't assigned to be my nurse, she'd still ask how I was doing and give me additional pointers as applicable.

On Tuesday, Pam was my nurse. After Monday, I was amazed at what I'd be expected to do that day - she helped to keep me "on task" and I was pleasantly surprised at the end of the day that I met my "goals."

On Wednesday and Thursday two student nurses - Callie & Mary - were assigned to me. Honestly, they made me feel as if I was the only patient in the hospital. We communicated

well. They were there for any need I had, and most importantly, helped me through my first shower. Friday was a busy day with discharge instructions, staples coming out, pictures, packing etc. My nurse that day was very accommodating and helpful so that I could coordinate my husband picking me up.

I mentioned the nurses that were especially helpful, however, I am certain that given the opportunity any of the nurses would be equally attentive. Thank you for making my stay a positive, memorable experience.  
 Sincerely T. R.”

## ORHC's Hall of Fame

Ottumwa Regional Health Foundation is now accepting nominations for its annual health care Hall of Fame.

The Hall of Fame was established in 2002 to honor those individuals or groups whose efforts and dedication have significantly affected the Health Center and health care in the regional community. The nominees may be living or deceased.

Past recipients of the award have included Ron Brickey, Harold de Buhr, Lillian Carey, Dr. Edward Ebinger, Sarah Catherine Emery, George M. Foster, Ruby Holton, Robert F. McCune, Dr. Robert Schrantz, Richard Schreiber, Dr. Paul W. Scott, Mary Brooks Thrall, Paul & Edna Tinsley, Elizabeth Trotter, Bessie Ullman, Dr. David Wetrich and Sister Suzanne Wickenkamp.

Nominations for the 2007 induction will be accepted through February 9, 2007.

Nomination forms are available from the Ottumwa Regional Health Foundation office, located at 935 Pennsylvania, or by calling 641 684-2911.

## Ottumwa Regional Health Foundation Scholarship Opportunities

**Nurse Practice Council/Colee' Hospers Scholarship**  
 The Ottumwa Regional Health Center's Nurse Practice Council annually awards the Nurse Practice Council/Colee' Hospers Nursing Educational Scholarship to an associate(s) of the Health Center that exemplify enhancement of the nursing profession. With this scholarship, the Council honors Colee' Hospers, a long-time nurse executive at Ottumwa Regional, for her mentoring and vision of excellence for nursing. The scholarship is awarded each May at the annual nurses' banquet.

**Patricia I. McBeth Memorial Nursing Scholarship**  
 The family of Patricia McBeth awards the Patricia I. McBeth Memorial Nursing Scholarship annually to an associate or family member of an Ottumwa Regional Health Center associate. Patricia McBeth was a registered nurse at Ottumwa Regional for a number of years and this scholarship is provided to promote the nursing profession in her honor. The scholarship is awarded each May at the annual nurses' banquet.

**Laboratory Control Ltd Health Career Scholarship**  
 The Laboratory Control Ltd Health Career Scholarship was established by the Foundation in 2004 to provide scholarship support for individuals interested in pursuing a career in health care. The intent of the scholarship program is to invest in the education of those students that may look to south-east Iowa for employment in health care following the completion of their studies. Scholarship awards are paid directly to the successful applicant's college or university and may be used for education expenses, including tuition, books and other fees.

Additional information and application forms may be obtained from the Foundation office or by contacting Mary Kay Henderson at extension 4447 or at mhenderson@orhc.com.

## CLASSIFIEDS

**For Rent:** House on southside, 2 BR, stove, fridge, C/A, no pets. \$450/mo., \$400 deposit. Taking applications. Call 683-1118 or 799-0887.

**For Sale:** pedestal table and 6 chairs, 2 arm & 4 straight back. Top of table has a few scratches, could be re-finished. \$200. Call Peggy 641-664-1819.



## Magnet Hospital Force 12: Nurses as Teachers

Sheryl Tilus

**12.1** The CNO exerts influence on CNO strategic planning and decision-making bodies at the highest level of the organization.

**What we do now:** CNO on hospital board, admission committees; business plans; dashboard process; minutes of meetings.

## Physical Rehab Unit's Activities Fund

Jean Day

Friday, January 5th

\$5 payroll deduct or cash contribution by Jan. 3rd

Contact HR or your dept payroll personnel to participate

Approximately 360 patients are cared for in our

Physical Rehab Unit each year.

